

Frequently Asked Questions and Answers



**FARMERS
BRANCH
SENIOR CENTER**

Do you need to be a Farmers Branch resident to participate?

No

Is there a membership fee?

No

How old do I need to be to join the Senior Center?

50 years of age or older

What do I need to do to participate?

You are required to fill out a general information sheet and liability waiver form at the front desk on a yearly basis and obtain a membership card for logging in with each visit.

If I belong to one Senior Center, does that mean I belong to other Senior Centers?

No, each Senior Center has their own requirements for participation.

Do you provide transportation to and from the Senior Center?

No. Contact DART On-Call Farmers Branch at 214-452-1827 for your transportation needs.

Do you serve lunch?

No, we are not a nutrition sight and do not serve daily meals. Some special events and programs do serve food but for that event only.

What bands play for the Monday Night Dance?

The 1st and 3rd Mondays of each month are a Country Western Band.

The 2nd and 4th Mondays are a Ballroom Band.

The 5th Monday will generally be a Country Western/Ballroom Combo Band.

You can find a current Band Schedule in the Monday Night Dance section of this web site.

How can I find out about the trips that the Center offers?

*Check on this website under **Trips** for a current Trip Schedule or call the Senior Center at 972-919-8740 for information.*

How and when can I register for trips?

New trips are posted the first Friday of each month at noon. Farmers Branch residents have the first opportunity to register for trips for one full week. If you are a resident, you will be asked for your drivers license to verify residency.

How can non residents get on trips?

Non residents may start to register for trips the second Friday of the month at noon (after the trip has been posted for an entire week.)

Do you charge for your exercise classes?

No, there is no charge to participate but you must have a current liability waiver on file and membership card.

What do I need to do to use the exercise equipment?

You will need to participate in an Exercise Equipment Orientation. Orientations are held each Tuesday at 11:00 a.m. Be sure to register at the Front Desk to be assured of a spot. If this time doesn't work with your schedule, let us know and we will find a better time for you.

How can I volunteer?

We have many opportunities to volunteer at the Senior Center from working the front desk to helping with special events or teaching classes. Pick up and complete a volunteer application which you can find at the front desk or on this website under "Volunteers." The contact person is Jennifer Stone @ 972.919.8744 or Jennifer.stone@farmersbranchtx.gov

How can I get the monthly program calendar?

Senior Adult Services prints and mails our calendar along with several other local Senior Centers as part of their bi-monthly newsletter. You can contact them at 972.242.4464 or find their newsletter on line at: www.metrocrestservices.org/seniors.php

Can I bring my grandchildren into the Center when they are off school?

No, the Senior Center's programs and events are for adults 50 years of age and older only.